



## Newsletter – 28<sup>th</sup> November 2025 Christmas Fayre tomorrow 10-1!

### TEAM OF THE WEEK:

This week's Team of the Week are:



**P16:** William, Aiden, Joseph

**KS4:** Francesca, Axe Class, George, Avon Class,

**KS3:** Tommy, Lewis, Austin, Pine Class, Oliver C,

**Primary:** Silver, Jack I, Oliver J, Sullivan, Eli, Jo, Nicolas

**Creative Arts:** Reilly T

### DATES FOR THE DIARY:



**Saturday 29<sup>th</sup> November – PFA**

Christmas Fayre 10am-1pm

**Monday 8<sup>th</sup> December-** Chaplin's Panto

**Tuesday 9<sup>th</sup> December-** P16 Christmas Lunch

**Tuesday 16<sup>th</sup> December-** Primary Christmas Show

**Wednesday 17<sup>th</sup> December-** Secondary & P16 Christmas Show

**Wednesday 17<sup>th</sup> December-** No P16 College

**Thursday 18<sup>th</sup> December-** Primary & Secondary Christmas Lunch

**Thursday 18<sup>th</sup> December-** Christmas Party

**Friday 19<sup>th</sup> December-** End of Term Celebration

**Friday 19<sup>th</sup> December-** End of Term 1

### CHRISTMAS SHOW TICKETS

**Primary Christmas Show – Tuesday 16<sup>th</sup> December – 1:30pm arrival for a 1:45pm start – order your tickets from the link below:**

[Primary's Christmas Show - Tuesday 16th December 2025 – Fill in form](#)

**Secondary and Post 16 Show – Wednesday 17<sup>th</sup> December – 1:15pm arrival for a 1:30pm start – order your tickets from the link below:**

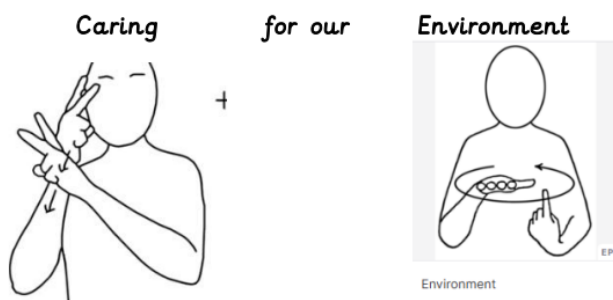
[Secondary and Post 16's Christmas Show - Wednesday 17th December 2025 – Fill in form](#)

### COLD WEATHER

As the cold weather has arrived, please can we ask that all pupils have winter clothing for outside activities and playtimes e.g., hat, gloves, and warm coats. Please ensure all items are named. Outdoor Education may require double layers on cold days.

### SIGNS OF THE WEEK:

*Recycling And Looking After Our Environment*





## CHRISTMAS DINNER SIGN UPS

**Main kitchen (primary and secondary) – SWIFT kitchen –** Christmas dinner on Thursday 18<sup>th</sup> December – These close for orders on Monday 1<sup>st</sup> December – Again, many orders are outstanding, including students who regularly eat a meal with us. Please ensure you have picked them a Christmas dinner for Thursday 18<sup>th</sup> December if you want them to have one. No other food will be cooked on this day and packed lunches from home will be required if you haven't placed an order. No orders will be accepted after Monday!



## PINE CLASS NEWS

Pine Class had a lovely time visiting Star Trail this week with Avon Class. We learned about how the Three Wise Men travelled to find Jesus and about his gifts. We then all decorated a star biscuit! Everyone was polite and we hope to go again!



## WILLOW CLASS NEWS

This term Willow Class have been creating their own Monet inspired pictures. They have made their own water lily ponds using lots of painting styles - brush strokes, blowing paint bubbles and painting over wax crayon.







**Come & Join Us!**  
Saturday 29th November 2025  
10am-1pm

**Ravenswood School Christmas Fayre**

**CASH ONLY!**

Christmas Cake Raffle.  
Santa's Grotto  
Gift Wrap Room.  
Raffles, Games and Much More!

Ravenswood School,  
Pound Lane,  
Nailsea,  
BS48 2NN

**Ravenswood School Christmas Shows**

**Primary Christmas Show-**  
**Tuesday 16th December 2025**  
Parents/carers to arrive at 1:30pm for a 1:45pm start.

**Secondary & P16 Christmas Show-**  
**Wednesday 17th December 2025**  
Parents/carers to arrive at 1:15 for a 1:30pm start.

**Merry Christmas!**

**December Timetable**  
All sessions delivered live online via zoom, 90 minutes long  
**£24 each or FREE with School Membership**  
Book online at [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)  
Recordings available for 48 hours (excluding Free Talk)

Decreasing Depression	1 DEC 10am
Raising Self Esteem	1 DEC 7pm
Understanding the Teenage Brain	2 DEC 10am
Supporting Healthy Sleep	2 DEC 7pm
Autism - Improving Communication	8 DEC 10am
Improving Family Communication	8 DEC 7pm
Supporting A Child with ADHD	9 DEC 10am
Understanding Addictive Behaviour	9 DEC 7pm
Anxiety Based School Avoidance	15 DEC 10am
Understanding Anger	15 DEC 7pm
Supporting Healthy Screen Use	16 DEC 10am
Facing Defiance	16 DEC 7pm



# What Parents & Educators Need to Know about TIKTOK

## WHAT ARE THE RISKS?

Online videos are often associated with apps such as YouTube, but among teens, TikTok is king. The app provides a potentially addictive, never-ending stream of short clips tailored to users' interests based on their viewing habits. Around half of British children use TikTok, and while most content is benign, Ofcom considers it the app where young people are "most likely to encounter a potential harm".

AGE RESTRICTION  
**13+**

(Certain features are restricted to over-18s only)

## AGE-INAPPROPRIATE CONTENT

TikTok's Following Feed shows videos from known creators, while the default For You Feed serves endless clips based on viewing history. Most are harmless, but unsuitable content can still appear, and watching for long enough signals interest to the algorithm. Although TikTok bans illegal or inappropriate uploads, the volume of posts means some slip through, increasing the chance that children encounter age-inappropriate material before it is detected or removed.

## BODY IMAGE AND DANGEROUS CHALLENGES

Ofcom reports that most online harms for girls involve body image, while boys more often see dangerous stunts. Both types appear frequently on TikTok and spread quickly through its engagement-driven algorithm. Harmful challenges have included the "blackout" trend, where users held their breath until passing out. Families filed lawsuits after children died linked to the trend, showing how extreme or risky content can rapidly reach young people and negatively influence them.

## IN-APP SPENDING

TikTok is free, but children can still spend money. TikTok coins, costing £9.99 to £224.99, let users buy gifts for creators. TikTok Shop adds risk by allowing purchases from influencers or companies, sometimes leading to poor-quality items driven by persuasive marketing. A Canadian investigation found TikTok collected personal data from many children for targeting and advertising despite age limits, meaning young users may lose control over their personal information.

## CONTACT WITH STRANGERS

Between 1.6 and 1.9 billion people use TikTok, meaning there's a high risk of unwanted attention from strangers. Accounts created by over-16s (or young people using a fake date of birth) are set to public view by default. This means that not only is someone's profile visible to everyone else on the app, it also suggests their videos to others and allows anyone to download or comment on them.

## MISINFORMATION AND RADICALISATION

TikTok's short videos may appear lighthearted, but they can expose young people to harmful ideas. Misinformation is common, and Ofcom reports that nearly one third of 12-15-year-olds use TikTok as a news source, increasing the chance of seeing racist, misogynistic, extremist or conspiracy material. Even brief clips can influence impressionable users and shape their worldview, making discussions about critical thinking, propaganda and online influence especially important for parents and educators.

## ADDICTIVE DESIGN

TikTok's fast-paced stream of eye-catching videos can be potentially addictive for young users. In 2024, UK children spent an average of 127 minutes per day on the platform, double the time recorded in 2020. Excessive use can disrupt sleep, increase irritability, and distract from healthier activities. Constantly skipping between short clips may also affect attention span, making it harder to focus on longer tasks such as homework or reading.

## Advice for Parents & Educators

### ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account to their child's in order to manage settings remotely. Parents can then turn on Restricted Mode (reducing the chances of a child seeing inappropriate content), set screen time limits, make accounts private and manage whether their child can send messages – and if they can, to whom. Children cannot alter these settings without parental approval.

### DISCUSS THE DANGERS

If a child wants to use TikTok and you're happy for them to do so, it's good practice to discuss the potential risks. Ensure they don't share any identifying personal information or respond to dangerous trends, and that they know to talk to a trusted adult if they're worried by interactions on the app. With more teens using TikTok for news, it's important to talk about misinformation and propaganda.

### BLOCK IN-APP SPENDING

Parents can restrict in-app purchases on iPhone and Android devices to prevent accidental or impulsive TikTok spending. Young people can easily spend large amounts on TikTok coins or low-quality products promoted through TikTok Shop. If a disappointing purchase occurs, turn it into a discussion about influencer marketing and how online promotions can be misleading.

### READ THE SIGNS

If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased irritability and a lack of concentration are potential red flags, as is failing to complete homework or skipping meals. Remember, the parental controls are there for a reason, and it's never too late to introduce limits.

## Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard and The New Statesman.



#WakeUpWednesday®

The National College®

See full reference list on our website

X @wake\_up\_weds

f /www.thenationalcollege

ig @wake.up.wednesday

td @wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Release date: 26.11.2025