



Newsletter—Week Ending 7th February 2025

TEAM OF THE WEEK!

This week's Team of the Week are:

P16: Alex S and Soraia,

KS4: Kez, George D, Alex D and Yeo Class

KS3: Charlie S, Thomas S, Akvile, Ilia and Gethin.

Primary: George W, Sully, Freddie, Bonny, Kurtis and Jaxon.

WELL DONE!



DATES FOR THE DIARY:

10th-14th February -

Safer Internet Week

11th of February –

Safer Internet Day

Friday 14th February-

Last day of Term 3

Monday 24th February -

In-service day (no pupils)

Tuesday 25th February–

Start of Term 4 - All pupils back to school

Friday 7th March—Ravenswood School Celebrates World Book Day! NON UNIFORM or DRESS UP AS BOOK CHARACTER



ACHIEVE MAT IMPORTANT UPDATE



Dear All, I would like to inform you that the School's Governors have taken the decision to withdraw our application to join Achieve MAT. Clearly this decision has not been taken lightly however, during the due diligence process the school felt that continuing with the application would not be in the best interest of the pupils and staff at this time. Therefore we will remain a Local Authority School.

As you are aware the school will always put the pupils and staff first in any decision about our future. If you wish any further information about this decision please do not hesitate to contact me.

Mark Senior

mseior@ravenswoodonline.org.uk

PARKING OUTSIDE SCHOOL



Please be mindful when parking your car at drop off and pick up times that you are not double parking, not parked on double yellow lines or on any zig-zag areas.

We understand that there is not a lot of parking available at these times but we need to ensure that the roads are safe for residents and other road users.

CLOTHING DONATIONS

We are extremely grateful for all the clothing donations we have received. We are looking for young adult/adult joggers and young adult/adult T-shirts, which would be greatly appreciated.





RAVENSWOOD POTTERY

Ravenswood pottery is back in stock at Sense Charity Shop, each unique piece was handmade by Post16 pupils during their careers lesson. The valentines day fridge magnets are on sale for 50p.

Please pop in and check them out if you are local.

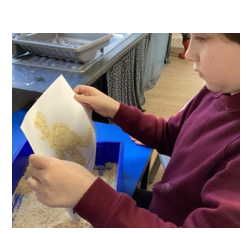


ROBIN CLASS NEWS

Robin Class have been working really hard this term, especially in Maths where we have been looking at money and fractions. We have practiced exchanging coins for items and even walked to the shops for a yummy pizza! We have looked at fair sharing and cutting items into halves, quarters and even thirds.



We have also been learning about animals from various countries and have been making collages of these animals to make a whole class display. We also got to try some yummy foods



BLUEBIRD CLASS NEWS

Bluebird have been learning about gymnastics in PE and have been developing their skills. To support this further we have been on a trip to Monarchs Gymnastics club. The pupils learnt how to balance on a beam, jump and use large equipment safely.



WORLD BOOK DAY

World Book Day is on Thursday 6th March. We will be celebrating World Book Day on Friday 7th March as part of our DAB Day. Pupils will be allowed into school on that day in non school uniform or dressed as their favourite book character.





At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

SAFETY ON SOCIAL MEDIA

Currently, children are growing up in an immediate and throwaway culture when it comes to content that's consumed online. So much material is now deliberately created to be shorter in nature – and may often contain hidden elements such as advertising, or extreme political and cultural views. With complex algorithms built to keep people on their phones and engaging with social media content, it's becoming increasingly difficult to reduce time spent on these platforms.

1 REDUCE DOOMSCROLLING

It's concerningly common for young people to spend hours 'doomscrolling': trawling through social media and aimlessly viewing every post they see, many of which might make them feel sad or anxious. Social media can be useful for keeping in touch with friends and family, as well as staying up to date on current events. However, it's important to use it with a clear purpose, instead of endlessly scrolling through content, which could lead to young people accidentally discovering harmful material.

2 TALK ABOUT THE CONTENT

It's important to keep apprised of the kind of content that a young person is being exposed to. Discussing what they're watching online can help you understand why they're using social media in the first place. Furthermore, ensure that children are aware of hidden content, such as advertising of a product – and that they know how to spot that the creator is being paid to talk about it.

3 FIND POSITIVE ASPECTS

Despite all the concerns, there's plenty of wholesome content on social media. It's worth spending time with children to help them find something suitable and enjoyable. Perhaps you'll even discover a joint interest, and you can enjoy the content alongside the child. As part of this, you should also point out why certain things shouldn't be given attention, explaining why it isn't suitable and why it's been created in the first place.

4 REDUCE SCREENTIME

Young people can sometimes be unaware of the exact amount of time they spend looking at social media. Smart phones don't just have the capacity to monitor screentime; they also record how much time is spent on each app. Consider setting targets to reduce this and support children to meet these goals, gradually reducing the amount of time spent on different apps.

5 FILL THE VOID

Monitoring and reducing screentime can create a lot of free time to fill, and young people can even face withdrawal symptoms when made to step away from their phones. To mitigate this, consider what offline activities you could introduce the child to, and what they would enjoy. This can ensure that young users will permanently cut down on their screentime, rather than temporarily doing so while they know it's being monitored.

6 REDUCE NOTIFICATIONS

One way in which social media platforms keep people coming back is through notifications. The algorithms behind these apps track people's daily habits, including the times of the day where they're most likely to engage with the platform. This data is then used to deliver specifically timed notifications to draw them back in. To avoid young users being exposed to this tactic, simply turn off notifications for the app in their phone's settings.

7 LIVE IN THE REAL WORLD

Overexposure to social media can distort someone's perception of the real world – from body norms to social conventions. This filtered environment can make it hard for young people to distinguish reality from online content, which is now becoming even more difficult with the rise of AI. To mitigate this concern, take time to teach young people how to discern truth from fiction, both on and off social media.

8 DIGITAL DETOX

Encouraging young people to take a 'digital detox', from even just a couple of the apps that they use, can result in an overall reduction of screentime and less exposure to potentially harmful content. Alternatively, rather than avoiding the app entirely, encourage children to take a 'digital detox' from content creators and influencers, and instead, keep in touch with friends and family – which is generally a far healthier use of these platforms.

9 MODEL GOOD BEHAVIOUR

Consider the habits that you're demonstrating to your children. How much time do you spend on your phone? How much do you 'doomscroll'? Comparing your own usage with the child's could put things into perspective for them – or if it turns out that you're also overusing social media, it can turn screentime reduction into a joint mission, which you and the child can work on together.

10 BE CLEAR ON THE "WHY"

Research shows that young people can become addicted to social media. There are many schools that are moving towards being 'phone free' due to the negative impacts of using social media and phones continuously. It's important to explain to young people why managing screentime is important. Set out the benefits and ensure they have all the relevant information, so it's not just seen as a punishment.

Meet Our Expert

John Insley is a senior leader in a Birmingham secondary school and has vast experience in leading schools over the past 15 years – including the development of computing curriculums across primary and secondary schools, writing e-safety policies and supporting schools with computing and e-safety advice.



The National College

Source: See full reference list on guide page at <https://nationalcollege.com/guides/top-tips-for-safety-on-social-media>

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PASS IT ON

"A moment of *your* time, the time of *their* life"

www.pass-it-on-young-sports.org.uk



Taster Days 2025

As always our taster days are tailored with an individual theme taking the lead whether its fishing shooting or bush craft etc. With all the other Country Sports and Conservation disciplines falling in line behind it to make each of our momentous tasters days a roaring success.

What you can expect to see as a standard at our taster days are Shooting (air rifle air pistol and clay pigeon shooting subject to change depending on the venue) Fishing both coarse and fly, Bush Craft, Ferrets and traditional ferreting demos and net making, Birds of Prey, Archery and catapults, Stick making and hedge laying and oh so much more as they get added to each event subject to change.

Our Taster Days free to come along to, all we ask is a £5 donation per person for those taking part to help cover costs, The Days are being sponsored by Really Wild Adventures, The Ole Hedge Creeper as well as our kind hosts Jackland's Fishing Lakes.

If you need any further advice or would like to join in on the day or volunteer or have any ideas or need direction etc please drop us a line at: www.pass-it-on-young-sports.org.uk

For all phone enquiries please call do not text our Secretary on
Tel: 07501962893 or Chairman 07901251119

NOTE ALL OUR TASTER DAYS START
@10am and finish @4pm unless otherwise
stated*

Venue: Jacklands Fishing Lakes
Telephone: 01275 810697
Jacklands Bridge,
Tickenham,
BS21 6SG
Bristol,
United Kingdom

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Sunday 27th of April 2025
Sunday 7th of September 2025



The Ole Hedge Creeper

www.theolehedgecreeper.co.uk

Tiz Proper Job Mucker ;-)

