

		04/05 01/06 22/06 13/07 14/09 05/10
	HOT SPECIALS...	DAILY FAVES...
MONDAY	<b>Cheese &amp; Tomato Pizza with Potato Wedges</b> ..... <b>Vege Soft Taco with a Rice Side</b>	<b>SIDES...</b> Jacket Potato  with a choice of fillings Tomato Pasta  Fresh, homemade tomato and basil sauce with penne pasta <b>PICK A PUD!</b> Sweetcorn and Broccoli Secret Brownie
TUESDAY	<b>Organic Beef Lasagne with Garlic &amp; Herb Bread Wedge</b> ..... <b>Quorn Hotdog with Potato Wedges</b>	Jacket Potato  with a choice of fillings Tomato Pasta  Fresh, homemade tomato and basil sauce with penne pasta Peas and Carrots Raspberry Ripple Ice Cream
WEDNESDAY	<b>Farm Assured Roast Beef with Roast Potatoes and Gravy</b> ..... <b>Sweet Potato &amp; Chickpea Roast with Roast Potatoes and Gravy</b>	Jacket Potato  with a choice of fillings Tomato Pasta  Fresh, homemade tomato and basil sauce with penne pasta Carrots and Cabbage Fruity Picnic Bar
THURSDAY	<b>Farm Assured Chicken Tikka Masala with a Rice Side</b> ..... <b>Mac 'N' Cheese</b>	Jacket Potato  with a choice of fillings Tomato Pasta  Fresh, homemade tomato and basil sauce with penne pasta Mediterranean Vegetables and Sweetcorn Pineapple & Peach Crumble with Custard
FRIDAY	<b>Fish Fingers and Chips</b> ..... <b>Quorn Dippers with Chips</b>	Jacket Potato  with a choice of fillings Tomato Pasta  Fresh, homemade tomato and basil sauce with penne pasta Baked Beans and Peas Strawberry Swirl Sponge



# Food Super Heroes Menu

**YOUR FAVOURITES** available every day

**OUR NEW MENU!** chosen by our parents and children

**£2.10**

**THREE WEEK MENU**  
SPRING/SUMMER 2020

Chartwells





MONDAY

HOT SPECIALS...

Cheese & Tomato Pizza  
with Potato Wedges   
.....  
Chinese Veggie Noodles 

DAILY FAVES...

Jacket Potato   
with a choice of fillings  
.....  
Tomato Pasta    
Fresh, homemade  
tomato and basil sauce  
with penne pasta


SIDES...




Broccoli &  
Cauliflower  
Medley  
and  
Sweetcorn

PICK A PUD!

Raspberry  
Yoghurt  
Cake

TUESDAY


Farm Assured Chicken  
Burger with Potato Wedges  
.....  
Country Vegetable Pie with  
Mashed Potato 

Jacket Potato   
with a choice of fillings  
including salmon mayo  
.....  
Tomato Pasta    
Fresh, homemade  
tomato and basil sauce  
with penne pasta

Peas  
and  
Coleslaw

Peach  
Shortbread  
Pudding with  
Custard 

WEDNESDAY


Farm Assured Roast Pork  
with Roast Potatoes and  
Gravy  
.....  
Quorn Roast with Roast  
Potatoes and Gravy 

Jacket Potato   
with a choice of fillings  
.....  
Tomato Pasta    
Fresh, homemade  
tomato and basil sauce  
with penne pasta

Carrots  
and  
Cabbage

Flapjack with  
Fruit Slices 

THURSDAY


Farm Assured Beef  
Meatballs in Tomato Sauce  
with Pasta  
.....  
Mild Chickpea & Potato  
Curry with a Rice Side 

Jacket Potato   
with a choice of fillings  
.....  
Tomato Pasta    
Fresh, homemade  
tomato and basil sauce  
with penne pasta

Mediterranean  
Vegetables  
and  
Sweetcorn

Chocolate  
Apricot  
Brownie

FRIDAY

Fish Fingers and Chips  
.....  
Tomato Beany Burger with  
Chips 

Jacket Potato   
with a choice of fillings  
.....  
Tomato Pasta    
Fresh, homemade  
tomato and basil sauce  
with penne pasta

Baked Beans  
and  
Peas




Vanilla Ice  
Cream

MONDAY

HOT SPECIALS...

Cheese & Tomato Pizza  
with Potato Wedges   
.....  
Vege Burrito 

DAILY FAVES...

Jacket Potato   
with a choice of fillings  
.....  
Tomato Pasta    
Fresh, homemade  
tomato and basil sauce  
with penne pasta

SIDES...




Sweetcorn  
and  
Coleslaw

PICK A PUD!

Raspberry  
Ripple  
Cake

TUESDAY

Organic Beef Bolognese  
with a Garlic & Herb Bread  
Wedge   
.....  
Vegetable Lasagne with a  
Garlic & Herb Bread  
Wedge  

Jacket Potato   
with a choice of fillings  
.....  
Tomato Pasta    
Fresh, homemade  
tomato and basil sauce  
with penne pasta

Broccoli  
and  
Peas

Apple &  
Carrot  
Yoghurt Muffin  


WEDNESDAY


Farm Assured Roast Turkey  
with Roast Potatoes and  
Gravy  
.....  
Vegetable Pastry Slice with  
Roast Potatoes and Gravy  





Jacket Potato   
with a choice of fillings  
.....  
Tomato Pasta    
Fresh, homemade  
tomato and basil sauce  
with penne pasta

Cabbage  
and  
Carrots

Strawberry Ice  
Cream

THURSDAY


Organic Pork Sausages with  
Mashed Potato and Gravy  
.....  
Vegetarian Sausages with  
Mashed Potato and Gravy  


Jacket Potato   
with a choice of fillings  
.....  
Tomato Pasta    
Fresh, homemade  
tomato and basil sauce  
with penne pasta

Sweetcorn  
and  
Broccoli

Chocolate  
Cake with  
Custard

FRIDAY

Fish Fingers and Chips  
.....  
Quorn Bolognese  

Jacket Potato   
with a choice of fillings  
.....  
Tomato Pasta    
Fresh, homemade  
tomato and basil sauce  
with penne pasta

Peas  
and  
Baked Beans

Oatie Biscuit  
with Fresh Cut  
Fruit Slices 

 Vegetarian  Oily fish  
 Wholegrain  Fruity!

Water, salad,  
freshly baked bread,  
yoghurt & fresh fruit

Available  
every day!

