

Spring/Summer

Menu WK 3

Iles Kitchen

Week 3	Hot main	Meat Free choice	Vegetables		Dessert
Monday 	Spaghetti Bolognaise Garlic Bread	Quorn Bolognaise Garlic Bread	Salad Coleslaw Sweetcorn		Cookies and Custard
Tuesday 	Chicken Curry, Rice and Poppadum	Quorn Curry, Rice and Poppadum	Salad Coleslaw Peas		Apple & Pear Crumble and Custard
Thursday 	Roast Pork, Roast Potatoes, Stuffing & Gravy	Quorn Fillet Roast	Carrots Cabbage Peas		Strudel and Custard
Friday 	Fish & Chips	Veggie Burger & Chips	Beans Peas	Salad Coleslaw	Sticky Toffee Pudding and Custard

Available Daily:

Jacket Potatoes

Fresh Fruit

Yoghurt